

## Welcome to the Elm Tree Restaurant

Save time and order at your table from your phone or tablet **menu.monktonelm.com** 

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2021 V1.4S

### NHS Track & Trace



# Sunday Lunch

(12noon to 2.30pm)

Slow roasted beef lunch with all the trimmings Standard - £11.99 Small Plate - £9.99

Nut roast pistachio & lentil - £9.99

Gammon ham salad with new potatoes - £9.99

Homemade tomato, basil cheese and red onion frittata served with salad and new potatoes - £9.99



## Children's Meals

(12noon - 2.30pm)

Small roast lunch - £7.99

Breaded Chicken Goujons, chips and beans - £6.99

Child's Snack Box - £4.99

Boxed children's meal with a bag of Pom Bear crisp, a Penguin biscuit bar, an apple or satsuma, a ham or cheese sandwich and an orange juice or apple juice.

# Lite Bites (12noon to 2.30pm)

All below served with a salad garnish and crisps

Cornish steak pasty - £4.99

Cheese, tomato and basil pasty (V) - £4.99

Traditional sausage roll - £4.99 Thrice cooked chips - £2.49

# Sandwiches (11am to 3.30pm)

On your choice of fresh & local white, wholemeal bread or gluten free option available and served with salad garnish and crisps - £5.99

Salmon and cream cheese Homecooked gammon ham

Prawn Marie

Cheese salad (V)

Free range egg mayo and cress (V)

Tuna & mayo

Falafel, spinach & mayo (VG)

ADD: Thrice cooked chips for only £2.49





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## Hot Drinks (10am -4pm)

#### Coffees (decaf also available – please just ask)

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Cappuccino (frothy coffee)	£2.70
Latte (milky coffee)	£2.70
Americano (no milk)	£2.50
Flat White (slightly stronger milky)	£2.70
Mocha (coffee and chocolate)	£2.90
Espresso (single shot)	£2.30
Spiced Chai	£2.70
House instant coffee	£2.00

- Add extra shot or syrup for 50p Flavours: Vanilla, Caramel. Salted Caramel
- Soya milk available upon request

#### Teas

Everyday tea	£1.95
Everyday tea – decaf	£1.95
Earl Grey	£2.20
Peppermint tea	£2.20
Hot Chocolate	£2.90

### Cold Drinks (10am - 4pm)

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Coke			£2.59
Diet Coke			£2.59
Sunkist Orange			£2.59
Vimto			£2.59
Lemon & Lime			£2.59
Lemonade Zero			£2.59
Frobishers			£2.59
Bottle Green			£2.59
Water Still or Sparkling			£1.35
Hullabaloo Still Fruit Drink			£2.59
Glass of milk			£1.00
Childs apple juice carton			£1.30
Child orange juice carton			£1.30

### Delicious cakes (9am -4.30pm)

#### Wedge slices - £3.80

Carrot Cake
Carrot Cake (GF)
Victoria Sponge
Chocolate
Coffee & Walnut
Lemon
Courgette & Avocado (GF)

#### Tray Bake Slice - £2.20

Chocolate Brownie (GF) Caramel Shortbread (GF) Raspberry Almond (GF) Super flapjack (GF, VG) Crazy Carrot Square (VG)

Freshly Homemade Plain or Fruit Scone - £1.99 With butter (Add Jam 50p)

**VG** – Vegan **V** – Vegetarian **GF** – Gluten Free

# Monkton Elm Cream Tea

Sit back and enjoy one of our famous homemade scones served with Cornish clotted cream and strawberry jam with an Everyday tea or House Coffee

Only £5.99

### Breakfast (10am - 11am)

Bacon, Sausage or Veggie Sausage Bap £4.99

Add a fried egg to above £1.50

#### **Classic Eggs Benedict**

Toasted muffin with bacon and two poached eggs with creamy Hollandaise and pea shoot garnish £6.99



